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NEIGHBOURHOOD NEWSLETTER

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Furnace Factory Direct INC.

Six Reasons to Call Us Today

From friendly service, fantastic pricing and the best products on the market, there are many reasons why you should let Furnace Factory Direct take care of your heating and cooling needs.

Here are six great reasons to call Furnace Factory Direct today:

1. Service: Our technicians are so courteous and friendly we were nominated for the BBB Torch Awards last year.
2. Pricing: Fantastic pricing is definitely one thing we are known for, and the reason we are growing so fast.
3. Financing: 0% financing is now available for a limited time.
4. Government Rebates: Save up to \$2,500

on some systems with government rebates.

5. Products: We have nothing but the best products from brands such as American Standard, Whirlpool, Viessmann, Buderus, Bosch, Honeywell, Armstrong & more.

6. Free Estimates: One of our comfort advisors will visit your home to provide a free no-pressure estimate.

Furnace Factory Direct sells, installs and repairs brand name heating and cooling equipment such as furnaces, boilers and fireplaces. Comprehensive protection, maintenance and cleaning packages, as well as 24-hour emergency service, are also available.

Owner Tom Kingdom and his team service homes in Ottawa and surrounding



areas with professionalism, courtesy and respect. From the friendly office staff to the uniformed, factory-trained technicians, they are committed to providing exceptional customer service.

Furnace Factory Direct is located at **174 Colonnade Rd. Unit 9**. For more information about their products and services, please call (613) 829-8186, or visit www.furnacefactorydirect.ca.

Premium city wide delivery.

Autumn Abounds At Manotick Florist and Gifts

As the days get colder and the fall colours fade, bring some of the rustic warmth back in to your home with a beautiful bouquet of fall flowers. Autumn gerberas, sugar maples or richly coloured chrysanthemums can all bring a splash of radiance to your home. Orange Asiatic lilies, dahlias and peach coloured roses are a warm and wonderful ode to autumn. Brighten someone's day with a gift of nature's wonder. As a member of the TeleFlora network, you can have your gift delivered anywhere in the world... around the corner or across the globe.

At Manotick Florists, you can also order custom made gift baskets for all occasions. They can put together fresh fruit baskets, gourmet baskets, baby baskets and more. There is also a huge selection of collectibles, glassware, jewellery, silk scarves, candles and home decor items. Indulge the sweet tooth with the huge selection of decadent chocolate truffles.....from tiramisu and orange cranberry to Caramel Creme Brule Party and Swiss mint, to name but a few.



The holidays aren't far off. You'll find everything you need to turn your home into a festive wonderland at Manotick Florist and Gifts. Order your Christmas or Hanukkah flowers in plenty of time to ensure you aren't disappointed.

Since 1977, Manotick Florist and Gifts have been proudly providing the Greater Ottawa area with unparalleled floral arrangements and gifts for homes and businesses. Certified and award winning florists Belinda Musset and her daughter Lindsey will provide you with everything you need to welcome Fall and the holidays in style. Drop in to Manotick Florists in the Mews of Manotick, **1160 Beaverwood Ave.** or call **613-692-2541**. Check the website to see how you can become a VIP member.
www.manotickflowers.com



Holiday Gift Ideas and Culinary Experiences from Le Cordon Bleu!

Is there a food lover or budding gourmand on your holiday gift list? A short gourmet course from Le Cordon Bleu Ottawa might be the ideal gift. Taught by renowned chefs, these courses let you discover fun recipes and new culinary techniques. There are over 35 Gourmet Short courses in 2012 to choose from including:

- **Hearty Stews – January 21st, 2012** – Discover a variety of stews from the various regions of France to keep you warm this winter.

- **Valentine's Day Desserts – February 4th, 2012** – Shower your sweetie with sweets. Surprise your Valentine with tantalizing treats made by you.

- **Chocolate Techniques – March 3rd, 2012** - For the love of chocolate! Indulge in heavenly cocoa creations and satisfy the chocolate lover within.

If you're planning a Holiday Party, let the fabulous Le Cordon Bleu mansion be your home for the holidays. Le Cordon Bleu Ottawa caters to holiday parties of all sizes - from intimate dinners to business lunches to chic receptions. They have a



selection of elegant, unique rooms for your unique holiday needs. For groups of 12 or more, they are offering a special epicurean 4-course Lunch menu with holiday themed dishes starting at \$35 and a 4-course Dinner menu featuring simply exquisite cuisine starting at \$65.

For a sensational New Year's Eve let Le Cordon Bleu be your New Year's destination! Featuring a seven-course menu, this epicurean dining experience is sure to be the talk of the town! For restaurant reservations call **613-236-2499** or visit www.bistroatsignatures.com. **Le Cordon Bleu Ottawa** is located in the heart of Sandy Hill at **453 Laurier Avenue East** – parking is available. For course and school information visit www.lcbottawa.com or call **613-236-2433**.



Le Cordon Bleu Ottawa
Culinary Arts Institute

Preserve and present your precious memories with *Show of Affection*

Dig out your old photos, videos or DVD's and let **Show of Affection** arrange them together in a beautiful digital memoir or photo book. Amy O'Reilly uses her background as a Graphic Artist to put a professional polish on your history. Your digital memoir can include music and voice-overs and can be displayed on your computer, television or loaded to a digital photo frame. Do you wish you had the time to organize and merge your videos, printed pictures and old home movies into one, easy to use, format? Amy and her team take the aggravation out of managing your different raw materials. The result, a treasured collection of memories that's easy to share.

These digital memoirs from **Show of Affection** are ideal for many occasions. Imagine the history you could share at a family reunion, an anniversary or a significant birthday! Amy and her team help you personalize and customize your precious memories. Weddings are ideal events for digital memoirs, share your love story at your reception, as well, you can place different digital displays on party table for guests to enjoy. **Show of Affection** is also pleased to offer professional, caring and timely assistance for bereavement



services and memorials. Family and friends will appreciate the presentation of beautiful images that they can later have for their own reflecting. Make a tribute memoir now, while you can still share the wonderful memories with your loved one.

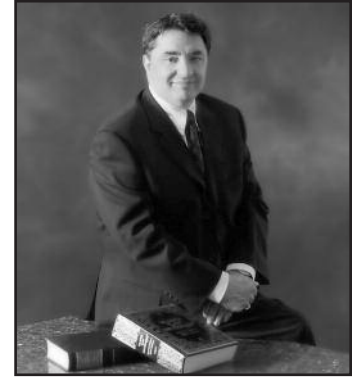
Capture your precious memories in a way the whole family can enjoy. **Show of Affection** will ensure that your priceless photos, films and videos are preserved, as deterioration can be a factor with older formats like paper photos and film. Create your digital memoirs; call **Show of Affection** at 613-229-9653. Visit www.showofaffection.ca for more details. Enjoy your family memories as well as keeping them preserved!

Show of affection
Digital Memoir Service

TALARICO LAW OFFICES LLP "Combining Experience with Common Sense"

With almost thirty years of legal experience, **Ross Talarico** knows the law. He also knows the value of common sense when you have to deal with legal issues. Although his expertise lies in residential and commercial real estate, **Talarico Law Offices LLP** has developed a significant practice in wills, estates and business law. But when you need real estate advice on the purchase or sale of your home, Ross and his dedicated staff provide you with years of experience and a grounded common sense approach to complete the deal.

Ross knows Ottawa. He was born and raised here and graduated from the University of Ottawa Law School. Ross knows his community. He proudly served as President of Villa Marconi Long Term Care Centre and was on the Board of Directors from 1999 to 2005. He gives back his legal expertise as well. On the firm's website Ross provides client access with numerous informative issues of LAW BULLETIN. He realizes that many of his clients will find the information on recent legal developments and court decisions



interesting. It's also helpful for real estate and mortgage professionals. Ross recognizes the importance of giving back.

Talarico Law Offices has also developed an **extensive business immigration law practice**. Ross assists qualified high net-worth business persons with their immigration to Canada under the Immigrant Investor Program. For experienced real estate legal advice or wills, estates and business law, Ross and his staff provide exceptional service. **Talarico Law Offices LLP** are conveniently located at 406 Queen Street. Call 613-236-8000, email ross@talberglaw.com or visit <http://www.rosstalarico.com>.

TALARICO & SCHWISBERG
LAW OFFICES LLP

"Whatever increases the humanity of another is a holy act." Karen Burton Mains

You Saved our Christmas...

Those are words that the **Christmas Exchange Program** hears over and over again from families and individuals who otherwise wouldn't have a Christmas. "It is nice to know that someone cares." The Christmas Exchange Program part of the **Caring and Sharing Exchange** helped close to 10,300 families – 25,000 people last year says **Executive Director Marilyn Matheson**. People like Marie and her family who had a comfortable life and helped others when they could. But when her husband became ill and couldn't work they were forced to sell their house and Marie sold diamond wedding ring to pay bills and buy food. Marie turned to the Christmas Exchange Program so they could have a Christmas.

The Christmas Exchange Program has a long history in the city having started in 1915 during WW1 to help the families of the men fighting overseas. Today over 300 community organizations such as schools, faith communities, food bank outlets and other social service agencies in Ottawa send in the names of those they know need assistance. The Exchange's



Coordination Service reviews all the applications to eliminate duplicates to ensure every donated dollar goes to where it is most needed. Over the past three years this has met that over \$2 million donated dollars has been saved and redistributed back into the community.

You can help save Christmas for an individual or a family in our community. These are people who through no fault of their own need some assistance due to job loss, illness, or tragedy such as a fire in their home. "Someday I will be on the giving end." Visit www.CaringandSharing.com to find out how you can save someone's Christmas. Donate on-line or call the **Caring and Sharing Exchange** at 613-226-6434 or email info@CaringandSharing.ca.



the Caring & Sharing Exchange
cœur et partage
Helping people since 1915

Living a 'new normal' as a Quadriplegic... Never giving up hope...

On Sunday September 4th while cycling alone on Scenic Caves Road near Collingwood and in training for the Centurion Bike Race, my sister Tracy Dort-Kyne had a very serious accident. She broke her neck at her C3/C4 vertebrae severing her spinal cord. She went off the road and was found in the ditch. An amazing young man named Mike Hermanovsky found her and stayed with her until the ambulance came to take her to the hospital in Collingwood. Shortly afterwards, she was flown by air ambulance to Sunnybrook Hospital in Toronto.

The devastating news of her injury was overwhelming for us. We were all affected by this tragedy with intense emotion, pain and loss – of the life she had. **Tracy's prognosis:** Spinal cord injury "Complete" – meaning quadriplegic **Defintion:** "complete" spinal cord injury means having no voluntary motor or conscious sensory function below the injury site, in Tracy's case C3 vertebrae in her neck. Luckily, Tracy did NOT suffer any brain damage.



Photo by Michelle Valberg
www.valbergimaging.com

Tracy spent 47 days at Sunnybrook, and on Monday October 17th she was transferred to Toronto Rehab where she will learn to live a "new normal" as a quadriplegic. She is a single mother of three young boys.

We've encountered many people along the way both in and out of the hospital who have inspired us, motivated us to keep going and taught us to never give up hope. Every day we learn a new lesson. It's what we do with it that changes us! To help Tracy visit www.tracydortkyne.com.
Article by Lesley Dort

CPI Interiors Value Added for Any Project

Whether you are customizing a new home or need a brief consultation to get you started redecorating a room, the talented designers at **CPI Interiors** offer tremendous value. Hiring an interior designer is worthwhile for more than just major renovations; shrewd consumers recognize that professional advice can save time, money, and disappointment. Investing in the services of professional designers can help you avoid the costly mistakes that will haunt you every time you enter the room.

An hourly consultation costing \$125.00 to \$150.00 provides a plan for transforming a space to match your lifestyle and personality, at the pace suited to your budget. This consultation can be used for space planning, colour-scheme selection, or resource locating and project coordination. For many, particularly those needing help choosing



a paint colour, the one-hour consultation is all that is necessary.

Using their eye for detail, designers help you work with existing furniture and decorations, leaving room in the budget for signature pieces or speciality fixtures. Avoid the expense and heart-break of a room full of out-of-scale furniture or the wrong paint colour.

Call CPI Interiors today at 613-599-5564, toll free at 1-866-446-4415, or visit www.cpiinteriors.ca, and access the wealth of design knowledge on owner Catherine Pulcine's blog. Whether it's a brief consultation or a major renovation, the aim is to ensure that the journey to your new environment is as pleasant as the completed project.

CPI
INTERIORS
7276630 CANADA INC.

Don't worry, be happy! Get your financial house in order before the holidays.

Soon we'll be getting into the busy season! Lots of shopping, cookies to bake, and parties to attend. For many though, growing debt responsibilities can dampen their holiday enjoyment. Others may not worry, thinking they can always get their financial house in order after the holidays.

But if you're concerned about your growing debt obligations, consider adding one more task to your pre-holiday to-do list! See if you can use your home equity to consolidate that high-interest debt into a low-rate mortgage, giving you interest savings and a new lower monthly payment.

I'd be happy to assess your situation; there's a good chance the savings each month will far outweigh any penalties. Example: today's mortgage, car loan and credit cards total \$195,000. Roll that debt into a new \$202,000 mortgage (including fee to break mortgage), and look what happens:

	Today's	Today's Monthly Payments*	Tomorrow's Monthly Payment*
Mortgage	\$155,000	\$901	\$1,009
Car loan	\$ 20,000	\$396	\$ 0
All credit cards	\$ 20,000	\$524	\$ 0
Total		\$1,821	\$1,009

That's \$812 less each month – a huge improvement in cash flow!

Don't worry, be happy this coming holiday season. Call me.

*5.0% current mortgage, new mortgage 3.5%, 25 year am. Credit cards 19.5% and car loan 7%, both at 5 year am. OAC. Subject to change.

Elaine Simpson
Broker #M08004806
613-791-1798
www.MortgagesByDesign.ca

Mortgage Architects™
Brokerage #10287
Planner Network



Creative by PS design group 613-838-7212 • Writers: Sheryl Bennett Wilson 613-730-5530, Peggy Vice 613-596-9832, Erica Simmonds 613-422-8692, Lynda Steele 613-489-2636

SAVE MONEY by improving your INSULATION!

See it in your energy bills! Upgrading or replacing your insulation WILL improve the comfort of your home or cottage with **O'Reilly Brothers Ltd.**

Protect your investment and slow the aging of your property by upgrading to new products that create barriers to the outside elements. At the same time, help the environment by choosing eco-friendly products for installation - we have smart products for smart owners! We specialize in Sprayed Polyurethane Foam Insulation and excel at blown-in Cellulose.

Since 1967, **O'Reilly Brothers Ltd.** Ottawa, the leading insulation experts for Eastern Ontario, has been keeping Canadians warm and dry in the winter, and cool and comfortable in the summer.

This family owned and operated business is committed to quality service and customer satisfaction. For over 44 years **O'Reilly Brothers Ltd.** has worked earnestly to serve their clients well with experienced project management, employment of qualified personnel, and an overall commitment to quality control. Our diverse list of satisfied clients grows locally, nationally, and internationally every year.



To see our projects through to successful completion, our work crews are certified and safety trained to operate multiple types of insulation abatement and installation machinery. Each job site has a team manager who oversees the crew, ensuring that our work is done properly and efficiently. Our estimators, site personnel, office administrators, and the owners, are all committed to the best insulation service possible for every job, residential or commercial.

We have an impressive history to back up the statement: "The Leading Insulation Experts for Eastern Ontario". See our partial client list below and then call today to benefit from our expert services.

Call today for a **FREE estimate!** 613-224-1677.

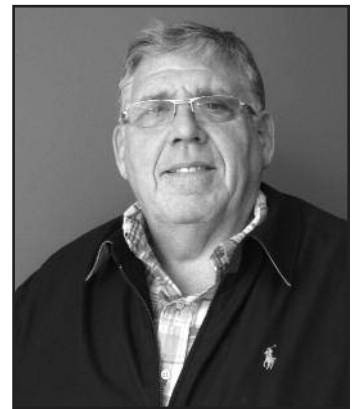
Visit our extensive web site for detailed information, FAQs, videos, pictures, product information, and more. www.oreillybrothers.com

Leonard Levenscrown – Family Law Counsel...When it's a legal challenge...

In his over 38 years, Family Law Specialist, Leonard Levenscrown has seen it all. **Leonard Levenscrown Family Law Counsel** has been involved in complicated divorce work, property division and difficult trust and corporate legal issues as they pertain to family law. He is a Law Society of Upper Canada certified Specialist in Family Law. In family law, Leonard Levenscrown has become the 'go-to' guy for extremely difficult cases. Many of his cases are leading edge and he has had his fair share of 'celebrity' cases.

Tough cases are Leonard's specialty. He enjoys the challenge. Leonard Levenscrown Family Law Counsel has had cases heard in the Superior Court of Ontario, the Ontario Court of Appeal, the Quebec Superior Court, the Quebec Court of Appeal and the Supreme Court of Canada. He looks for practical resolutions to complex and intricate disputes using leading edge litigation and settlement techniques. Divorce, separation agreements, support claims, or property division – Leonard has extensive experience in all areas. He has even handled Hague Convention cases dealing with international custody disputes.

Giving back is important. Leonard



actively shares his expertise with the legal community at numerous Family Law Seminars. He was a part-time lecturer at the University of Ottawa Law School and a seminar leader at the Bar Admission Course. Leonard gives back to the community at large as well. He's been involved with the Kiwanis Club of Ottawa, Kiwanis International and now sits as a board member for the CHEO Foundation.

When you have a complicated family law matter and want a practical resolution call **Leonard Levenscrown Family Law Counsel** at 613-244-2106. Leonard Levenscrown Family Law Counsel is located at 301-110 Clarence St. in downtown Ottawa.

LEVENCROWN
FAMILY LAW COUNSEL

Say Good-Bye to Foot Discomfort Visit Healthy Steps Pedorthic Clinic

Fall is a time to settle back into a routine, regroup and take time to address those things that may have been overlooked during the busy summer...like that annoying pain in your heel or the stiffness in your lower joints. It's a good time to get your orthotics checked to make sure they are working well to provide the proper support and comfort for your feet. Are your orthotics looking tired? Have you had them for a few years? Maybe it's time for an update or a simple re-covering of the soft top covers. It's also possible your feet have changed or you have developed a new problem that needs to be addressed.


Perhaps you've never considered orthotics but have simply been putting up with foot discomfort. Foot pain is NOT normal and can lead to discomfort in many areas of your body and prevent you from getting the most out of life. Help is just steps away.

Healthy Steps Pedorthic (feet & lower limbs) Clinics in the Ottawa area are unique in that they take complete care of their patients - from professional assessment to manufacturing custom devices in their own facilities. If you're a new client, they start, literally, from the ground up! They will do a complete analysis of your gait,



existing footwear and area of discomfort and offer solutions to get you on the road to pain-free living. If orthotics are required, they are made at the on-site lab by the same professionals who assessed the problem. Healthy Steps offers a complementary yearly follow-up for existing clients. They store your casts if you require an additional pair and can quickly, efficiently make any necessary adjustments on the spot. They also offer a wide range of high quality knee and ankle braces.

Canadian Certified Pedorthists, Derek and Richard offer unparalleled personal service with their clients' comfort and well-being always a top priority.

For an appointment at the clinic call 613-823-2522 or request an appointment online at www.healthysteps.ca. Check their website for a link where you can follow and "Like" them on Facebook. The clinic is located at 4100 Strandherd Drive, Unit 202 (second floor) in Barrhaven. 



Save on Home Heating With Faye Fortune Drapery Design

Save money on your energy bill this fall and winter by installing energy efficient window coverings from Faye Fortune Drapery Design.

Without proper insulation up to 50% of your home's heating and cooling energy can escape through the windows. By providing insulation, energy efficient window coverings help keep your home warm in the winter and cool in the summer. They also help prevent your furniture, art work and flooring from fading.

Blinds are a great way to keep energy costs down, but properly lined drapery is also very effective. Properly lined drapery extends the life of the fabric, and when fully closed helps block heat and glare and reduce outside noise.

Energy efficient window coverings are also a simple way to update your décor, or add that finishing touch to a newly decorated room. Faye Fortune and her daughter Heather Williamson can help you select fabrics and colours that will suit your home and reflect your personal taste.



Faye Fortune Drapery Design specializes in window coverings, custom bedding treatments, unique accent pieces, such as throw pillows, and paint colour consultation. Since 1987 Faye has helped families across the Ottawa area decorate their homes, and welcomed her daughter Heather into the business in 2006. Sharing a passion for design and a commitment to quality, personalized service, this mother-daughter team will bring a custom elegance into your home.

To book your in-home consultation, or to visit their Kanata showroom, call **Faye Fortune Drapery Design** today at (613) 591-9500, or email heather@fayefortunedrapery.com. To learn more, visit www.fayefortunedrapery.com. 



"We turn, not older with years but newer every day." Emily Dickinson

Creating tomorrow's heirlooms...

SAVE \$1000.00

As Don Murray, the energetic founder and CEO of **The New Oak Tree** points out - "Quality is not afraid of time." If you want furniture that your grandchildren will inherit with pride then you have to visit The New Oak Tree. Whether you're looking for bedroom furniture, a stunning dining room set or an eye-catching bar for the family room every piece manufactured by The New Oak Tree is the definition of superior craftsmanship. Don knows that savvy consumers do their homework when buying up-scale items. The furniture he sells in your choice of wood - oak, cherry, hickory, maple, elm and walnut - stands up to the most discerning inspection. This is solid furniture with dove-tailed full extension drawers, the slides have ball-bearings and it's all **unconditionally guaranteed**. If you don't find something you like in the extensive show room, bring in a picture and your dream piece can be made for you or have your piece customized and sized.

These heirlooms of tomorrow are all made with renewable hardwood. The finishes



are ultra-smooth from strict sanding procedures and no hazardous chemicals are ever used. The attention to detail for this hand-crafted furniture is exceptional. Don purchases the raw lumber at the best possible price and passes those savings on to you. Right now at The New Oak Tree, purchase a bedroom set in any of the four major woods including cherry for \$4999.99. Don is giving out **300 gift certificates worth \$1,000** towards your next purchase when you spend \$5,000 or more. The offer also applies to any dining room set over \$5,000. Solid wood, solid service, solid quality - find your future heirloom at **The New Oak Tree**. Visit the huge showroom at 3495 Trim Road in Navan or 470 Townline Road in Carleton Place. Go on-line at www.thenewoaktree.com. You can call 613-835-9792 or toll free 1-888-830-9792. 



Visit Santa at My Toy Shop Mark December 3 on your calendar

Making a list and checking it twice... My Toy Shop's children have surely been nice!

The shelves are all bursting with toys chosen with care. Bring in your wish lists for Sarah, Etienne or Claire.

Their charming little shop is full of cool toys That are sure to please all of the girls and the boys!

From yoyo's, and card games, and simple craft kits, To kazoos, die-cast cars, and even Charm It's. 3-D Puzzles, lip gloss and brain teasers galore, You are sure to find fillers for stockings and more!

Keepsakes like doll houses are always in stock For the tween try a doodle frame or magnetic clock



Zoobies, Baby Stella, and Corolle dolls to treasure, MagFormers, Mecanno, and LEGO for pleasure.

Cool picks have arrived just in time for the season... Award winners, interests or for just any old reason. You'll find it all here in this neat little shop Be sure to make it to your next shopping stop!

December 3rd Santa Claus will be here For photos, laughter and, of course, Christmas cheer!

Visit their website at www.MyToyShop.ca, call 613-491-8697 & drop in at 1136 Tighe Street in Manotick. For after hours/Private shopping call 613-302-4862. Open Sat. to Wed. 10-5, Thurs. & Fri. 10-7. 

